

せんねん灸  
SENNENKYU SEKAI

## Moxibustion that Does Not Require Fire Instructions

**Incorrect use may cause problems.**  
Please read this manual carefully to ensure proper use of this product. In addition, please store it in a safe place for future reference if necessary.

### Precautions for Use

- Thermal stimulation is an essential part of moxibustion. However, if the heat becomes intense or uncomfortable, remove the product immediately. Be aware that the product may cause **skin problems, such as low-temperature burns.**
- People's perception of heat is influenced by factors such as the person's tolerance and physical condition, the location the product was applied, and the temperature, humidity and weather.
- The intensity of the heat may vary depending on the product. Be aware that the product may cause **skin problems, such as low-temperature burns.**
- People with sensitive skin that gets irritated easily should take their skin condition into account before deciding to use the product, as it may cause **skin problems, such as low-temperature burns.**

### Thermal Stimulation

1. Fatigue recovery
2. Improvement of blood circulation
3. Elimination of muscle fatigue
4. Relaxation of stiff muscles
5. Nerve and muscle pain relief
6. Stimulation of digestive function

Exothermic agent

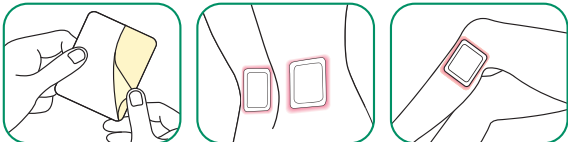


管理医療機器 温灸器  
承認番号 15900BZZ01361000

**Do not reuse (single use).**

- The duration of the warming effect of SENNENKYU SEKAI is about 4 hours for the M size and about 8 hours for the L size.
- The average temperature on the skin surface is about 40 to 50°C.

### How to Use SENNENKYU SEKAI Which Does Not Require Fire



Remove SENNENKYU SEKAI from the pouch, peel off the seal from the surface to be placed on the skin (on the back) and affix to the affected area.

SENNENKYU SEKAI is disposable, and cannot be reused.

- To activate (produce heat), unseal the top of the packaging.
- Do not apply the product to the same spot repeatedly. As a general guide, use the product once a day.
- Do not leave M-size products on the skin for more than four hours or L-size products for more than eight hours.
- Do not apply the product to the same spot repeatedly.
- Do not leave M-size products on the skin for more than four hours or L-size products for more than eight hours. Adjust the duration of use according to the temperature and humidity, your physical condition, the condition of your skin and the situation of use.

**Please be sure to read  
these instructions before use.**

Be cautious of low-temperature burns and other skin problems.

### Do not use if you are:

- Persons whose skin becomes easily irritated due to a skin disorder, sensitivity or imbalance.
- Persons who are unable to remove the product from the skin themselves
- Children and infants

### Do not use on the following locations:

- Face ● Mucous membranes
- Areas of eczema, skin irritation or open wounds
- Newly injured parts of body, including bruises and sprains

### Do not reuse the product.

### The following persons should consult a physician or pharmacist prior to use:

< Important basic cautions >

- Persons who have had an allergic reaction to a medicine or cosmetic product, including rashes, redness, itchiness and irritation
- Pregnant women
- Persons who have circulatory disorders or who have limited sensitivity to heat, such as diabetics

### Precautions for Use

- Never use an open flame with these products.
- Do not rub, cut, tear or wet the product before use.
- Warming begins when the package is opened. Once the package has been unsealed, it cannot be stored. The heat will dissipate after a specific period of time.
- Avoid use immediately before and immediately after bathing.
- Use particular caution when using the product while sleeping.
- Do not use when suffering a fever.
- Do not leave M-size products on the same spot for more than four hours or L-size products for more than eight hours.
- Do not use this product and heating equipment simultaneously, such as a kotatsu or similar heated furniture, disposable heat pads, electric blankets or heated floor rugs.
- Once the product has been applied to the skin, do not allow pressure to be applied from bedding, supporters, belts, handbags and the like.
- Do not apply the product to the same spot repeatedly. As a general guide, use the product once a day. Be cautious of **skin problems, such as low-temperature burns**, if you are a first-time user or have sensitive skin.
- People with sensitive skin that gets irritated easily should take their skin condition into account before deciding to use the product, as it may cause **skin problems, such as low-temperature burns.**
- If you develop **skin problems, such as low-temperature burns**, while using the product, some skin may peel off when removing the product, so detach the product slowly and carefully.
- Use with caution in places where you sweat a lot. You should be particularly careful of sweat from early summer to early autumn, a period when both temperature and humidity are high.
- If the heat becomes intense or causes discomfort, such as itchiness, remove the product immediately.
- Be aware that the product may cause **skin problems, such as low-temperature burns**, in the body's least sensitive areas, such as the buttocks.

## Features

1. It is not necessary to light this product on fire.
2. It can be applied directly to the skin to treat areas of concern (moxibustion points.)
3. The M-size product's heat lasts up to four hours, and L-size product's heat lasts up to eight hours.
4. Thermal stimulation: Heat around 40-50 °C improves blood circulation and relieves muscle fatigue and stiffness.
5. It is not necessary to light this product on fire, and it is nearly odorless, making it a convenient option to use while you are away from home.

### Conditions Increasing Susceptibility to Low-temperature Burns

High temperatures	Sensitive skin
High humidity	Swollen skin
Excessive fatigue	Perspiring skin

## How to Find Moxibustion Points

1. Find moxibustion points on your body.
2. Stroke areas where you think moxibustion points are located with your finger. Moxibustion points include **depressed areas, areas of dry skin, areas that feel painful when light pressure is applied.**

## How to Use SENNENKYU SEKAI Which Does Not Require Fire



Apply on the hard-to-reach back and lower back.

Apply on the skin and cover it with clothes when going out. A convenient option to use while at work and during travel.



Use the product in a place you want to heat slowly.

It is perfect when you want to heat a large area.



People's heat perception is influenced by their physical condition and the location the product is applied on. Big, rapid movements may dislodge the product. Please handle with care.

## Moxibustion with 100% Natural Mugwort



The moxibustion product is made of 100% natural mugwort.

Moxa has been used since ancient times, and knowledge about using the gifts of nature has been passed down through generations.

SENNENKYU was developed to introduce a moxibustion product that is easier and more pleasant to use.

## Product Lineup

The M-size product's heat lasts up to four hours, and L-size product's heat lasts up to eight hours.



SENNENKYU SEKAI  
Moxibustion that Does Not Require Fire

M size  
3 sheets



SENNENKYU SEKAI  
Moxibustion that Does Not Require Fire

M size  
12 sheets



SENNENKYU SEKAI  
Moxibustion that Does Not Require Fire

M size  
24 sheets



SENNENKYU SEKAI  
Moxibustion that Does Not Require Fire

L size  
10 sheets



## Storage Instructions

< Storage conditions >

- Store out of the reach of children and infants.
- Store out of direct sunlight.



Manufacturer and distributor:  
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Seller:  
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